

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

**NEW YEAR'S DAY 1**

10:30 Morning Stretch-SDR  
11:00 Resolution Mining-SDR  
1:00 Room Rounds/1:1s  
1:30 Bingo-MDR



**NATIONAL TRIVIA DAY 4**

10:30 Morning Stretch-SDR  
11:00 What's New in 2022-SDR  
1:00 Room Rounds/1:1s  
1:30 The Lives and Loves of  
Hollywood Stars:  
Marilyn Monroe-SDR  
3:30 Trivia-SDR

10:00 Room Rounds / 1:1s  
11:00 Monthly Gazette /  
January IQ-SDR  
2:00 Bingo-MDR  
3:15 Name That Face-WL  
3:30 Happy Holiday Boxes-SDR

10:30 Sit n' Fit-SDR  
11:00 Armchair Travels:  
(New York City)-SDR  
2:00 Movie: The Rat Pack-SDR  
3:15 Easy Coloring -WL  
3:30 Modern Jeopardy Trivia-MDR



10:30 Morning Stretch-SDR  
11:00 What Happened Last?-SDR  
1:00 Room Rounds/1:1s  
2:00 Rosary & Communion-SDR  
3:15 Name 10-WL  
3:30 Winter Sun Catchers-SDR

**WHEEL OF FORTUNE DAY 6**

10:30 Move n' Groove-SDR  
11:00 Star of the Month:  
Ray Bolger-SDR  
1:00 Room Rounds/1:1s  
2:00 Wheel of Fortune-SDR  
3:15 Mind Joggers-WL  
3:30 Winter Velvet Art-SDR



10:30 Chair Exercise-SDR  
11:00 Who Am I? - SDR  
1:00 Room Rounds/1:1s  
2:00 Entertainment-MDR  
3:15 Picture Reminiscence-WL  
3:30 Famous Lasts Trivia-MDR

**HAPPY BIRTHDAY ELVIS 8**

10:30 Sit n' Fit-SDR  
11:00 Remembering Elvis-SDR  
1:00 Room Rounds/1:1s  
1:30 Bingo-MDR  
3:30 Trivia-SDR



10:00 Room Rounds / 1:1s  
11:00 Armchair Travels:  
Naples & Pompei-SDR  
2:00 Bingo-MDR  
3:15 Travel Talk-WL  
3:30 Random Trivia-MDR

10:30 Morning Stretch-SDR  
11:00 DINGO Categories-SDR  
1:00 Room Rounds/1:1s  
2:00 Bingo-MDR  
3:15 Storywise-WL  
3:30 Tissue Paper Polar Bears-SDR

10:30 Move n' Groove-SDR  
11:00 Superhero Trivia-SDR  
1:00 Room Rounds/1:1s  
2:00 Entertainment-MDR  
3:15 Daily Dose of Nostalgia-WL  
3:30 Superhero Painting -SDR



10:00 Room Rounds / 1:1s  
11:00 The Curse of Bambino-SDR  
2:00 No Bake Baking:  
Ambrosia-SDR  
3:15 Down Memory Lane-WL  
3:30 Jeopardy Trivia-MDR

10:30 Morning Stretch-SDR  
11:00 History of the Zodiac-SDR  
1:00 Room Rounds/1:1s  
2:00 Bingo-MDR  
3:15 Say it With Music-WL  
3:30 Doily Snowman Craft-SDR



**MARTIN LUTHER KING JR DAY 17**

10:30 Move n' Groove-SDR  
11:00 Name 10-SDR  
1:30 Trivia-SDR



10:00 Room Rounds / 1:1s  
11:00 KING Categories-SDR  
2:00 Bingo-MDR  
3:15 Easy Coloring-WL  
3:30 MLK Trivia -MDR



**WINNIE THE POOH DAY 18**

10:30 Sit n' Fit-SDR  
11:00 Let's Chat:  
Winnie the Pooh-SDR  
1:00 Room Rounds/1:1s  
2:00 Resident Council-MDR  
3:00 Menu Planning-MDR  
3:30 Snack Cart



10:30 Move n' Groove-SDR  
11:00 Name 10-SDR  
1:00 Room Rounds/1:1s  
2:00 Bingo-MDR  
3:15 Reminiscing-WL  
3:30 Snack Cart

10:30 Morning Stretch-SDR  
11:00 Armchair Travels:  
(Portugal)-SDR  
1:00 Room Rounds/1:1s  
2:00 Mass & Communion-MDR  
3:15 Aquapaint-WL  
3:30 Butterfly Sand Art-SDR

10:30 Move n' Groove-SDR  
11:00 Let's Chat:  
History of Disco-SDR  
1:00 Room Rounds/1:1s  
2:00 Entertainment-MDR  
3:15 A-Z Trivia-WL  
3:30 What Am I?-SDR



**NATIONAL PUZZLE DAY 29**

10:30 Morning Stretch-SDR  
11:00 Family Feud-SDR  
1:00 Room Rounds/1:1s  
1:30 Bingo-MDR  
3:30 Snack Cart

**NATIONAL PIE DAY 23**

10:30 Morning Stretch-SDR  
11:00 Random Trivia-SDR  
1:30 Movie: Hero-SDR  
2:30 Pie Snack Cart



**24**

10:00 Room Rounds / 1:1s  
11:00 Family Feud-SDR  
2:00 Bingo-MDR  
3:15 Mind Joggers-WL  
3:30 Winter Scene Canvas-SDR

**25**

10:30 Move n' Groove-SDR  
11:00 Name 10-SDR  
1:00 Room Rounds/1:1s  
2:00 No Bake Baking:  
Edible Cookie Dough-SDR  
3:15 Joggin' Your Noggin'-WL  
3:30 Wooden Ornaments-SDR

**26**

10:30 Sit n' Fit-SDR  
11:00 Armchair Travels:  
(Amazon Rainforest)-SDR  
1:00 Room Rounds/1:1s  
2:00 Bingo-MDR  
3:15 Name 10-WL  
3:30 Jeopardy Trivia-MDR

**CHOCOLATE CAKE DAY 27**

10:00 Room Rounds / 1:1s  
11:00 PUNCH Categories-SDR  
2:00 The Lives and Loves of  
Hollywood Stars:  
Audrey Hepburn-SDR  
3:15 Velvet Art-WL  
3:30 Chocolate Cake Snack Cart

**28**

10:30 Morning Stretch-SDR  
11:00 Let's Chat:  
History of the Eiffel Tower-SDR  
1:00 Room Rounds/1:1s  
2:00 Bingo-MDR  
3:15 Remember 1960's-WL  
3:30 Craft Fair-SDR



**29**

10:30 Sit n' Fit-SDR  
11:00 Random Trivia-SDR  
1:00 Room Rounds/1:1s  
1:30 Bingo-MDR  
3:30 Velvet Art-SDR



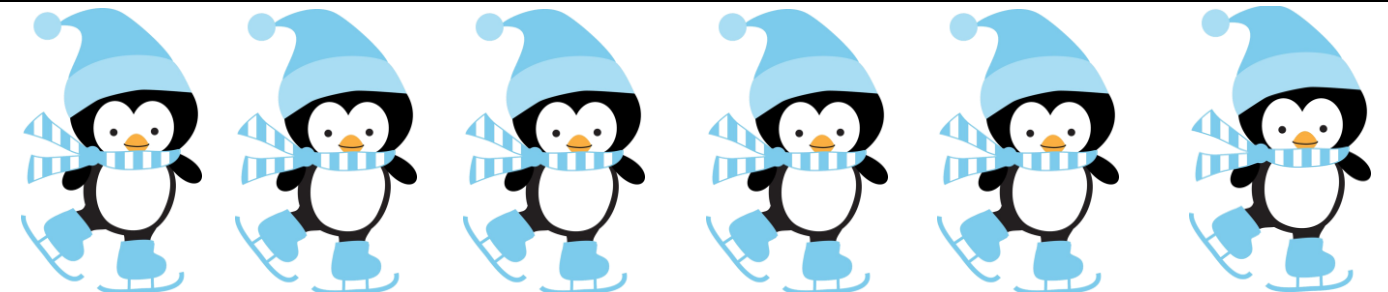
**30 NAT'L HOT CHOCOLATE DAY 31**

10:30 Sit n' Fit-SDR  
11:00 Family Feud-SDR  
1:30 Movie: The Pride  
Of the Yankees-SDR  
3:30 Trivia-SDR

10:00 Room Rounds / 1:1s  
11:00 Hot Cocoa & Tunes-SDR  
2:00 Bingo-MDR  
3:15 Easy Coloring-WL  
3:30 Z-A Music Trivia-SDR

## ACTIVITY KEY:

MDR: MAIN DINING ROOM  
SDR: SIDE DINING ROOM  
WL: WEST LOUNGE



ALL ACTIVITIES ARE SUBJECT TO CHANGE

EXTRA ACTIVITY WORKSHEETS ARE ALWAYS AVAILABLE IN THE ACTIVITY ROOM